

Parasite Stool Sample in formalin solution (F-Para-O, F-CrypVr)

Your nearest laboratory unit of Wellbeing Services County of South Ostrobothnia will provide you with sampling equipment. **Formalin is toxic** - Please be careful not to touch or spill formalin solution into your eyes, mouth or skin and avoid breathing it. **See operation instructions at page 2.** Three **(3) samples** are recommended to be taken **1-3 days apart**.

Collection the sample



1. Collect the stool into clean container e.g. disposable plate. Avoid urine contamination with the stool sample.
2. Transfer stool sample into the formalin sample tube using the spoon in the sample tube lid. Pick up especially bloody, slimy or other atypical part of the stool sample.
 - If the stool sample is **solid** take only a finger-tip-size dab of the stool (1:5 ratio). Break up the solid stool structure with a stick or a spoon to obtain as homogenous mixture as possible.
 - If the stool sample is **liquid** you should collect as much as there is formalin solution in the tube (1:1 ratio)
3. When you have got the sample into the tube **close the screw cup tightly. Mixing the stool sample is very important** so that the sample will be well mixed and preserved. Leaked samples cannot be examined.
4. Wash your hands well after collecting the sample.
5. If you have the bar code label, please check your identification and stick the label on the tube. If there is no bar code label, write your name, identity number and sampling date and time on the tube with waterproof marker.
6. Please put the tube into the plastic bag (Minigrip or similar) and close tightly. All three samples must be in separate plastic bags.

Sample storage and delivery to the laboratory

Samples can be stored at refrigerator temperature until all three samples have been taken. Put all three samples into the plastic bag and bring the samples to the nearest laboratory unit within six days of the first sample being taken.

Please return this instruction with the stool sample and fill here following details:

Your Name:

Identification (birth date and year and ID code):

Stool sample taken (date): Sample 1:

Sample 2:

Sample 3:

If you have traveled outside Finland name the country and date:

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Operating instructions if formalin enters:

The skin: - Remove contaminated clothing -wash the skin with plenty of water and mild detergent for 10–15 minutes

The eyes: - Rinse thoroughly for 20–30 minutes - if symptoms of inflammation such as severe pain or visual disorders occur, contact a doctor

The mouth: - Do not try to vomit - rinse your mouth - drink water (about one glass) - if necessary, contact the Poison information Centre on 09 471 977 or 0800 147 111