

## Collecting Stool Sample for microbial analysis

(F -SalmVi, F -BaktVIP, F -NoroNhO, F -CldTNhO)

Your nearest laboratory unit will provide you with sampling equipment (screwcap jar and tube with swab)



**For F -BaktVIP specimen you need both the tube with swab and the jar samples.** For the rest you only need the jar sample.



1. Collect the stool into clean container e.g. disposable plate.
2. Avoid urine contamination with the stool sample
3. Transfer the stool sample into the sample jar using the spoon in the sample jar cap (fill about half of the jar). Pick up especially bloody, slimy or other atypical part of the stool.
4. Tighten the cap of the jar firmly.
5. If the swab sample is needed, remove the tube's white cap and dispose of it. Roll the swab's cotton bud in the stool, especially in any parts with mucous or blood.
6. Insert the swab into the tube so that the cotton bud is deep in the gel and the blue cap closes tightly. Wash your hands.
7. For sanitary reasons, insert the stool container and the tube with the swab in a plastic bag (Minigrip or similar).
8. If you have the bar code label please check your identification information and stick the label on the tube (and the tube with swab). If there is no bar code label, write your name and identification information and also date and time of sample collection on the container (and the tube with swab) with waterproof marker.

### Sample storage and delivery

- Stool samples must be stored refrigerated (4°C).
- Samples must be delivered on the same day to the nearest laboratory unit.
- Stool samples must be analysed within 24 hours so samples cannot be taken on Friday unless it is delivered to the laboratory on the same day.

**Please return this instruction with the stool sample and fill here following details:**

**Your Name:**

**Identification (birth date and year and ID code):**

**Stool sample taken (date):**

**If you have traveled outside Finland name the country and date:**