

Patient instructions for stool sample (F -Calpro, F -Elast1, F -Antitry)



You can get a sample container from any laboratory of the Wellbeing Services County of South Ostrobothnia.

1. Collect the stool sample in a disposable plate or on toilet paper. Do not mix urine with the stool sample.
2. Use the spoon on the lid of the container to transfer the stool into the sample container. Fill the container no more than halfway with stool and close the container carefully.
3. Write your name and personal identification number on the sample container. Also write the date and time of sampling. Pack the sample container in the plastic bag that came with the container.
4. If you are unable to bring the sample immediately to the laboratory, the sample can be kept in the refrigerator for 1 day if necessary and **should not be** frozen.

Deliver the stool sample to the nearest laboratory in the Wellbeing Services County of South Ostrobothnia within 24 hours (the same place where blood samples are also taken). Please note the laboratory opening hours.