

Collecting sputum samples for Bacterial culture test (Ex-BaktVi)

For bacterial culture purposes, **only one (1)** sputum sample is needed. Sputum sample must be collected in the morning, before breakfast.

- Before collection, rinse your mouth with water and spit it out.
- Cough forcefully directly into the sample container at least a tablespoon of rather **thick sputum** (not mere saliva!).
- **Close the container carefully by screwing the cap on tight** and record your name, identity code and sampling date on the container (attach a sticker if provided).
- Put the container in a plastic bag and seal carefully.
- Keep the sample in cool temperature and take it to the laboratory as soon as possible. **The sample will be spoiled quickly.**

Collecting sputum samples for Tuberculosis test (Ex-TbViVr, Ex-TbNhO)

For tuberculosis test purposes, **three (3) separate sputum samples** must be collected because of uneven secretion of tuberculosis bacteria. Samples must be collected **in the morning, in the evening and in the next morning.**

- Rinse your mouth and take the sputum sample as described above. Put all samples in separate containers.
- Record your name, identity code and sampling date on each container. Put each container in separate plastic bag and seal carefully.
- Store samples in refrigerator until all three samples are collected.
- After collecting all three samples, take them to the laboratory at the same time.

Notice! Screw the caps of the containers tight carefully! Leaking containers can not be accepted!